



BLOCK WATCH®

An Informative Newsletter for British Columbia Published Monthly by the Block Watch Society of BC.

www.blockwatch.com

NORTH VANCOUVER — POSITIVE TICKETS

This week the North Vancouver RCMP will be launching the "AC+/Act Positive Tickets" initiative in the City and District of North Vancouver. This program is aimed at rewarding youths who act as an example for others by following rules such as wearing a helmet on a bike or obeying skateboarding bylaws, or by doing good deeds in the community.

The RCMP uses these positive tickets to continue to build relationships with youths in the community. In addition to promoting the use of the excellent recreational facilities available to the youth of North Vancouver, these tickets offer an opportunity for police officers to reinforce constructive behaviour, and to offer a positive incentive for youths to remember to stay safe by following the rules, and to look for ways to contribute to the community.

Source: <http://bc.rcmp.ca/ViewPage.action?siteNodeId=50&languageId=1&contentId=15650>

REVELSTOKE — CAR HOPPING = NEW NAME, OLD CRIME

A crime prevention tip that police have been preaching for years, "lock it or lose it", has again come to the forefront in Revelstoke. Since April 1, 2010, police have received over 40 reports of theft from vehicles. These thefts have occurred in all areas of the City including Columbia Park, Arrow Heights, Southside, Farwell and the Big Eddy.

Block Watch

News August 2010

Stolen items include everything from cell phones to Ipods to wallets and money. What do these crimes have in common? All the vehicles were unlocked making them easy prey for an opportunistic criminal.

Youth(s) will walk around town and try door handles to vehicles. If they are open they will be rummaged through and any valuables taken. If a vehicle is locked the group will move on. These are crimes of opportunity. By locking your vehicle you remove this opportunity and reduce your chance of being a victim of "Car Hopping".

Source: <http://bc.rcmp.ca/ViewPage.action?siteNodeId=50&languageId=1&contentId=15708>

EVACUATION PLAN IF WILDFIRE OCCURS

In a major fire, there may not be enough equipment, resources and people to reach every home. Once you have taken proper precautions to protect your home, protect your family by preparing for the possibility of evacuation.

- Keep the radio on so you can access information about the potential emergency situation
- Follow directions from emergency officials
- Minimize smoke inhalation in the home by closing all windows and doors. A wet towel along the window and door seams will minimize smoke even further
- Turn on outside lights to alert emergency crews
- Turn off gas at the meter or propane tank
- Take down light drapes and move furniture away from windows
- If you have a combustible roof, wet it down with the garden hose

- Review your family's emergency plan and contact information. Have a contingency plan in case you are separated during evacuation Refer to www.getprepared.ca
- Pack essentials and valuables into your vehicle
- Make sure you know the safe evacuation routes
- Find out the location of the emergency reception centres

Sources: <http://www.gov.ns.ca/emo>

SWIMMING SAFETY

Walk, do not run

Do not run around the edges of the pool. The area around the pool can be slippery when kids have been splashing around.

Be careful getting in and out of the pool

Be careful when you get in and out of the pool. If there is a handrail, use it.

Look before you leap or dive in

Shallow water, underwater logs or big rocks are all dangerous when you are diving into lakes or swimming holes. Diving head first into a pool or lake can cause serious injury.

Do not go beyond your abilities

When you go in the water, swim only where you feel comfortable. Do not go farther or deeper than you can handle. At beaches swim parallel to the shore, and stay inside roped-off areas.

Never swim alone

Never swim alone. Use the buddy system. Make sure you watch out for each other. Even when a lifeguard is around, it is best to have a "buddy".

Play carefully Wrestling and tumbling in a pool or lake can be very dangerous. Hitting your head against pool walls or floors, or rocks in lakes, can knock you unconscious. If you do not get help, you can drown very quickly.

Source:

<http://www.healthlinkbc.ca/healthfiles/hfile39.stm>

INTEGRATED ROAD SAFETY UNIT ON THE SUNSHINE COAST

The Integrated Road Safety Unit (IRSU) was on the Sunshine Coast this week enforcing the Motor Vehicle Act. IRSU is comprised of RCMP and various Municipal Police Departments from the Lower Mainland District. IRSU initiative is road safety and traffic enforcement and their focus was primarily on the use of Automatic Licence Plate Recognition.

Stats:

24 hour driving suspensions (alcohol/drugs): 3
 Speed: 4
 No drivers licence: 7
 No insurance: 2
 Serve Notice of Prohibition: 2
 Seatbelts: 15
 Intersection: 1
 Electronic Device (cell phone): 1
 Liquor seizure: 1
 Other: 20
 Notice & Orders (vehicle repairs): 4

Source: <http://bc.rcmp.ca>

PUT SAFETY FIRST THIS LONG WEEKEND

Long weekends can mean highway travel, boating trips, camping, swimming and fun at the cottage. While all these activities create lasting summer memories, they all share the potential for injury. Be prepared for a safe and fun season.

Source:

<http://www.redcross.ca/article.asp?id=9762&tid=024>